A "Badhai" or congratulations booklet was developed in the Wave-II to be used by community health workers and health worker when doing interpersonal communication/interactions with newly married couples and 1000-day couples (pregnancy 9 months and baby 2 years roughly equals to 1000 days). This booklet has important information useful for couples at the various stages of married and family life.
These seven leaflets were developed as job aids to be used by community health workers and information material for the newlywed and 1000 day couples to take home. They cover the five temporary family planning methods (IUCD, Implant, 3-month injectable, combined oral contraceptive pills, condoms), emergency contraceptive pills, two permanent family planning methods (vasectomy, minilap), and one leaflet with information on all these methods.