**How to Care for your Treated Net (LLIN)**

There are several things you can do to take care of your net and prolong its effectiveness.

- Gently wash your dirty net with mild soap and water and dry in the shade. Do not place it in direct sunlight.
- LLINs can be washed up to 20 times. It will last for 4 years if you wash it 5 times every year.

**Benefits of Treated Nets (LLINs)**

Sleeping under a long lasting insecticide treated net (LLIN) every night is the best way to prevent malaria. This will:

- Keep you and your family healthier by reducing malaria (episodes) attacks.
- Save you the cost of malaria treatment and transport to/from clinic.
- Save you the cost of mosquito coils and spray.
- Allow you to sleep peacefully without mosquitoes disturbing you.

**Who Should Use a Treated Net?**

Everyone! It is especially important for children under 5 and pregnant women to sleep under a treated net because they are more vulnerable to severe effects of malaria.

**How Do Treated Nets Prevent Malaria?**

In Ghana, the type of mosquito (female) that carries malaria bites at night. Treated nets repel or kill mosquitoes and protect you and your family as you sleep.
HOW TO USE YOUR TREATED NET (LLINs)

1. Remove the new LLIN from the package. Before hanging it on your bed, hang it for one day to air in a shady place away from sunlight.

2. Hang the net over your sleeping place.

3. Every night, lower the net to cover the users. Tuck the edges under the mattress or mat so no mosquitoes can enter.

4. In the morning, tie up the net to prevent it from being damaged or torn.

HOW TO HANG YOUR TREATED NET

Nets come in rectangular or conical shapes. They can be:

- Tied to the four corners of a student's bunk bed
- Hung from the ceiling or walls using string and nails or hooks
- Tied to a wooden frame
- Hung from a tree branch outside
- Draped over a baby's cot