Everyone should be informed of the facts of COVID-19.

**We are all in this together.**

**MYTH**

Drinking sanitiser or bleach can prevent/treat

**FACT**

Drinking sanitiser or bleach cannot prevent or treat COVID-19 and is very harmful to your body. Hand sanitizers should only be used to kill the virus on the surface of your hands.

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We protect each other by: practicing physical distancing, staying at home (if you don’t feel well)

- Frequent handwashing with soap for at least 20 seconds
- Wearing a cloth covering over our nose and mouth in public places
- Coughing or sneezing into your elbow
- Practice physical distancing by maintaining 1 metre distance between you and others
- Avoid touching your eyes, nose and mouth
- Stay at home if you feel sick